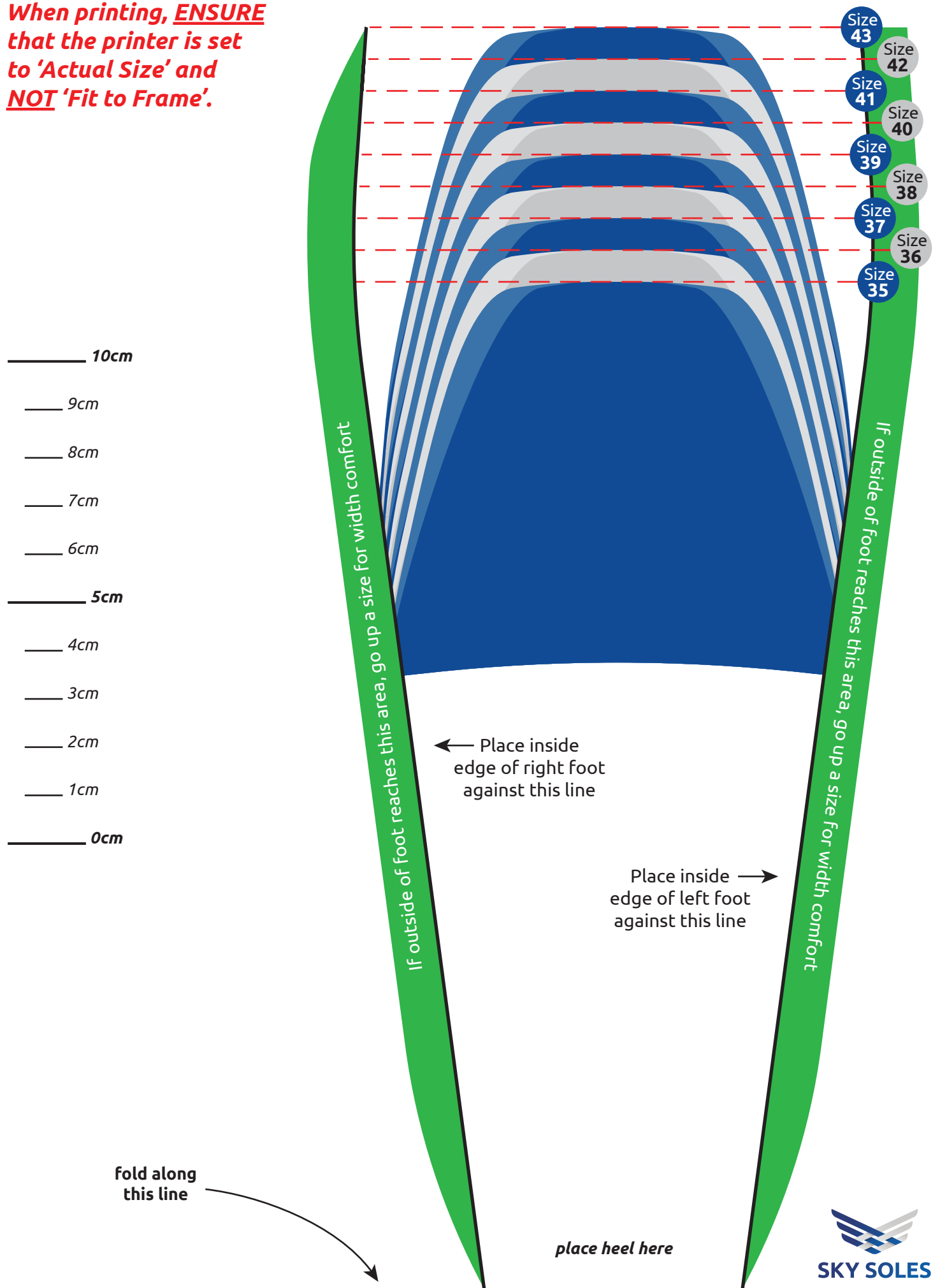


# 'Adelaide' Size Guide

**When printing, ENSURE that the printer is set to 'Actual Size' and NOT 'Fit to Frame'.**

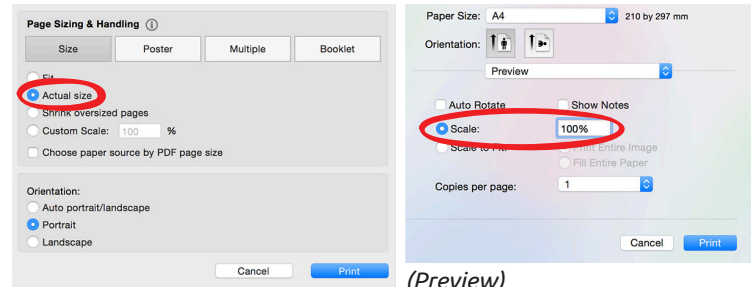


## THE SOP SCIENCE:

Sky Soles features the very latest in advanced SOP (Stand On Paper) measurement technologies. To complete this at home science, please stand, placing your largest foot (don't worry, most of us have one foot larger than the other) against the foot outline on the page. Line up your heel with the bottom of the foot shape, and check what size your toes fit within. Our advanced scientific formula is that simple!

### THE HOW TO'S OF MEASURING YOUR SHOES:

**Step 1** When printing, ensure that the printer is set to 'Actual Size'.



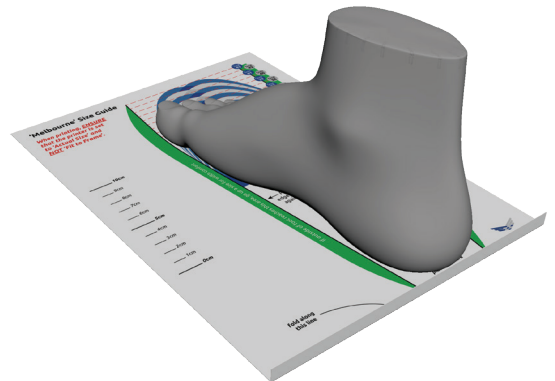
(Adobe Acrobat/DC)

(Preview)

**Step 2** Check measure on left of page is correct by placing a ruler beside it to ensure an accurate fit.



**Step 3** Fold the page along the dotted line by the heel. Butt the fold against a wall or door and place your largest foot against the fold. Rest the inside edge of the foot against the line indicated.



**Step 4** If your foot runs onto the green area, go up a size ensure width comfort.

**Step 5** Make a note of which size area your foot reaches into, and you're clear for take off!